



# Centennial Staff Newsletter

February 14, 2019

## Centennial High School drama students win big at regionals

Earlier this month, 31 Centennial High School drama students (pictured below) competed at the Regional Acting Competition that is the qualifier for state. CHS drama students had nine scenes qualify for state (top 10 percent) and three recognized as Regional Finalists (Top 20 percent). Two of the scenes that qualified for State, won their Novice category. This is the most scenes to qualify for state in more than 20 years. In addition, 24 of CHS's 36 entries qualify for Nationals with at least one Superior score. Congratulations to the following students:

### Regional Finalists (Top 20 percent of their category)

- Solo Acting Novice: Alexis Young
- Solo Acting Experienced: Trenton Ruffin
- Solo Acting Experienced: Jackson Autry

### Going to State! (Top 10 percent or first place in Novice category)

- Solo Musical: Christopher Mendez
- Solo Acting Novice-First Place: Dairo Nassib
- Duo Dramatic Novice-First Place: Beatrice Byrd and Maggie Redden
- Duo Dramatic Experienced: Dennis Gebauer and Jackson Autry
- Duo Dramatic Experienced: Joseph Kaylor and Kaden Moss
- Solo Acting Experienced: Lukas Hurley
- Solo Acting Experienced: Kaden Moss
- Solo Acting Experienced: Joseph Kaylor
- Solo Acting Experienced: Philip Koshuba



### Qualifying for Nationals with Superior Scores

- Duo Dramatic Novice-Beatrice Byrd and Maggie Redden
- Duo Dramatic Experienced-Christopher Mendez and Emily Spain
- Duo Dramatic Experienced-Dennis Gebauer and Jackson Autry
- Duo Dramatic Experienced-Lukas Hurley and Trenton Ruffin
- Duo Dramatic Experienced-Kaden Moss and Joseph Kaylor
- Duo Comic Experienced-Frances Sopata and Marie Miller
- Duo Comic Experienced-Philip Koshuba and Gavin Lickey

- Solo Acting Novice-Dahiro Nassib
- Solo Acting Novice-Jigme Norbu
- Solo Acting Novice-Alexis Young
- Solo Acting Novice-Akaisha Williams
- Solo Acting Experienced-Morgan Bass
- Solo Acting Experienced-Lukas Hurley
- Solo Acting Experienced-Kaden Moss
- Solo Acting Experienced-Joseph Kaylor
- Solo Acting Experienced-Trenton Ruffin
- Solo Acting Experienced-Jessica Cabrera
- Solo Acting Experienced-Philip Koshuba
- Solo Acting Experienced-Jackson Autry
- Solo Acting Experienced-Melody Howard
- Solo Musical Theatre-Christopher Mendez
- Solo Musical Theatre-Ariel Aland
- Solo Musical Theatre-Jessica Cabrera
- Large Group Musical-Kaden Moss, Joseph Kaylor, Trenton Ruffin, Ariel Aland, August Villalobos, Morgan Bass, Gavin Lickey,
- Jessica Cabrera, Christopher Mendez, Jackson Autry, Lukas Hurley, Marie Miller, Beatrice Byrd, Dahiro Nassib, Madison Spencer, and Alexander Hampton

### OSEA holding Peanut Butter/Tuna Fish drive for Food for Families

OSEA is leading a Protein Drive focusing on peanut butter and tuna fish for Food For Families beginning Tuesday, February 19 thru Tuesday, March 19. The overall goal is to collect 1,000 items, which is about three items for each OSEA member in the Centennial School District. Everyone is encouraged to donate to this worthy cause.

If you work with a classified staff member or just want to help feed those less fortunate, please show your support and help us exceed our goal by donating these items.

Food collection boxes will be in the front office at each building.



### Working on Wellness

The Wellness Committee (WC) works hard to support a healthy school culture ensuring students have access to physical activity throughout the day, working to meet new PE minute requirements, healthy foods through Farm to School Meals, full salad bars everyday with multiple meal options and supporting staff with ideas and resources to support

learning. The WC wants to remind you of the policy language for around celebrations and rewards:

### ***"Celebrations and Rewards"***

*All foods offered on the school campus are encouraged to meet the nutrition standards set by the USDA and the Oregon Smart Snacks Standards. For celebrations, parties, classroom snacks brought by parents, rewards and incentives, it is encouraged that a healthy option is offered. The district will prohibit the use of food as discipline or motivation in the classroom."*

The Wellness Committee encourages a healthy food option to be included or to serve the treat at lunch after students eat. The best plan is to identify non-food celebrations. Some ideas maybe a special job or special giant pencil that a student gets to use for their birthday. Use the Amazon Smart Snacks store for snack ideas: [www.amazon.com/b?ie=UTF8&node=13951371011](http://www.amazon.com/b?ie=UTF8&node=13951371011). The WC would love to hear other ideas from you about how you celebrate and reward students. Send your non-food celebration ideas to Julie Mack or ask her for more ideas.

The WOW Employee Wellness Committee is in the second week of their Feb Wellness Challenge. Have you picked a simple tip to include just a bit more wellness or fun into your day? The building with the highest participation percentage gets "*The Welltest Award.*" and a staff chair massage day. Talk to your building WOW rep for ideas and to turn your card in for both building raffle drawings and a district Fitbit raffle drawing.

The Energy Team wants to hear from you! Please take a very short survey to let us know what types of environmental projects or topics are currently being taught and what you would like to see taught within Centennial Schools. We will randomly draw two names of people that complete the survey to win a \$10 coffee card. You also have the option of being anonymous and leaving your feedback as well. Thank you for your thoughts and ideas in advance. You can take the survey at <https://goo.gl/forms/t7VretLrU88XQ8Rc2>.

Energy Team Tiny Tips: Small Steps = Big changes!

Don't forget to print double sided if possible. In the print box click on the Copies & Pages tab, select Layout, and then two sided Long-edge binding and you're done.

As you leave work, is everything turned off and not just in sleep mode? Lights off? Printers off? Can it be unplugged till tomorrow? If the light is on it's still using power.

### **Better late than never**

Kathy Drozd, Centennial Middle School library manager, is used to reminding students to return books and the occasional lost book. Last week she received a package



from a public library in Humble Texas. The library had somehow gotten a book that was a CMS library book and sent it back. The book was due 10 years ago in 2009! Thanks Humble Texas Public library for returning the book. Better late than never!

### OSEA Staff Appreciation

## Save The Date

*For OSEA Staff Appreciation*

*March 6<sup>th</sup> from 5:30-7pm*

*Food (Olive Garden), Games, Prizes, Fun! More details to come!!*

*RSVP to [vicki\\_nelson@csd28j.org](mailto:vicki_nelson@csd28j.org) to ensure we have enough food.*

### Tidbits:

It's been 50 years: The Centennial Class of 1969's 50th Reunion is the planning stages. For more information, contact: Dick Bertelsen at 503.888.1994 or [dickbert51@aol.com](mailto:dickbert51@aol.com). There is also a Facebook page – Centennial HS Class of 1969.

Thank You: A big Centennial School District thank you to community members who donated to KGW's School Supply Drive. We recently received:

- ✓ 195 Composition notebooks (wide rule)
- ✓ 100 boxes of 24 count Crayola Crayons
- ✓ 8 boxes of 60 count. Elmer glue sticks
- ✓ 96 boxes of colored pencils (sets of 12)
- ✓ 192 pairs of 5" pointed tip scissors for kids (age 4+)
- ✓ 8 boxes (24 ct.) beveled edge rubber erasers
- ✓ 192 spiral notebooks (college rule)
- ✓ 12 boxes of #2 Pencils (144 ct.) That's 1,728 pencils!



**Classifieds:**

Help Needed: House Sitter/Pet needed (two awesome dogs; one gorgeous cat) for July 13th-23rd in Camas, Washington. Pays \$55 per day. If interested please call Dana Deal at 503.522.5481.

# safety matters

Toolbox Talks for

From your safety partners at Brown & Brown Northwest

## Proper Temporary Wiring

Even though it will only be used for a limited time during a project, temporary wiring needs to be installed correctly. To ensure worker safety, OSHA requires certain practices for dealing with temporary wiring. requires all employees to follow applicable OSHA standards, and thus, requires you to adhere to the following.

### Installation Requirements

When installing temporary wiring, follow these guidelines established by the OSHA standard:

- Wiring systems cannot be installed in ducts used to transport dust, loose stock or flammable vapors. Wiring also cannot be placed in ducts used for vapor removal or for ventilation of commercial-type cooking equipment.
- Any noncurrent-carrying metal parts that are meant to serve as grounding conductors must be bonded to ensure electrical continuity and the capacity to conduct safely any fault current that may be imposed on them.
- Flexible cords or cables (extension cords) cannot be used as a substitute for the fixed wiring of a structure. They also cannot be concealed behind walls, ceilings or floors.

### Usage Restrictions

Temporary wiring systems for electrical power and lighting of 600 volts or less may be used as follows:

- During remodeling, maintenance, repair or similar activities to structures or equipment
- For a period of no more than 90 days for decorative Christmas lighting, carnivals or other similar purposes
- For experimental or development work
- During emergencies

### Inspecting

Since temporary wiring is often more exposed than permanent wiring, it is important to regularly inspect temporary installations to ensure that they are in proper working order. When inspecting temporary wiring ask yourself:

- Is wiring in good condition and firmly secured?
- Is this wiring capable of safely carrying the amount of current that is required?
- Is there a circuit breaker to prevent overload?
- Are all wires grounded properly?
- Do all conductors have the proper insulators?
- Are temporary light fixtures guarded properly?
- Are switches clearly labeled as to what they control and what positions are on and off?

**Even though temporary wiring is only used for a limited time, it is important that it is installed and maintained correctly to keep the work area safe.**



**Removal**

All temporary wiring must be removed as soon as the project that requires it is completed.