# **Counseling/Mental Health Assistance**

### Multnomah County Crisis Line

503-988-4888 Central Call Number- 24 hours

Call the crisis phone number for information about where to go and for crisis phone counseling

#### Al-Anon/Al-Ateen

503-292-1333 1750 SW Skyline Blvd. Suite 133 Portland 97221

Hope and support for friends and families who are affected by someone else's drinking through attendance at support meetings. Al-Ateen is for ages 11-20 and Al-Anon is for adults.

Website: www.al-anonportlandoregon.org

### Albertina Kerr Youth and Family Center

503-255-4205 722 NE 162<sup>nd</sup> Portland 97230

Mental Health Services for children and their families

Website: www.albertinakerr.org

### Cascadia Behavioral Health Care-Addictions Treatment Services

503-230-9654 Drug/Alcohol Addiction Intake

503-674-7777 Mental Health Intake

Website: www.cascadiabhc.org

#### Catholic Charities El Programa Hispano

503-232-4448 Crisis Line/Domestic Violence

503-669-8350 Gresham location

Social service agency offering counseling, domestic violence support, and youth services in Multnomah and Clackamas County.

Website: www.catholiccharitiesoregon.org

#### Dougy Center

503-775-5683 3909 SE 52<sup>nd</sup> Ave.

Peer support groups in which kids interact with other kids with similar death experiences.

Also provides training, education, and outreach on grief support.

Website: www.dougy.org

## Eastside Teen Clinic

503-988-5488 600NE 8<sup>th</sup> St. Gresham

Health and mental health services for Oregon Health Plan and underinsured teens.

#### Lifeworks NW

503-645-9010 to schedule an appointment

Mental health services

Website: www.lifeworksnw.org

#### Morrison Child and Family Services

503-258-4600 503-542-3025 Intake Call Center 2951 NW Division Street #200 Gresham Counseling services for children and their families and some adults www.morrisonkids.org